

Person-Centered Expressive Arts Therapy CERTIFICATE PROGRAM

www.personcenteredexpressivearts.com



SIX WEEK, TWO YEAR PROGRAM STARTING AUGUST 18 - 23, 2022

EXPRESSIVE ARTS

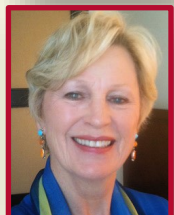
for Healing and Social Change: A Person-Centered Approach

This unique certificate program for 2022-2024 combines experiential learning, theory, and practice in the person-centered philosophy of Carl Rogers and the expressive arts of Natalie Rogers: movement, sound, visual arts, creative writing, and drama in a safe, non-judgmental environment. The program is six residential weeks over two years, with a commitment to both years.

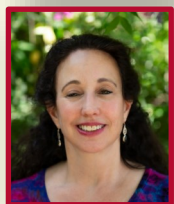
Participants come from around the globe to learn to use the expressive arts in counseling, teaching, nursing, education, social work, mediation, social action, and group facilitation, and/or to awaken personal growth and creativity. They attend six five-day Residential Intensives over two years at Westerbeke Ranch in Sonoma, CA. You'll love the peaceful country retreat nestled among oak trees, surrounded by rolling hills and the vineyards of Sonoma's Valley of the Moon. Starting August 2022.



This program was developed by **Natalie Rogers**, Ph.D., REAT (1928-2015), author of *The Creative Connection: Expressive Arts as Healing* (1993) and *The Creative Connection for Groups* (2011). Dr. Rogers practiced as a psychotherapist for 30 years and facilitated many workshops with her father, Carl Rogers. This program is a culmination of Natalie's pioneering work in the field of expressive arts that took her around the world and has inspired a new generation of PCEAT practitioners.



Sue Ann Herron, Ph.D. Psychology. Dr. Herron is Director and Executive Faculty of the Person-Centered Expressive Arts Program at PCEATI and has taught at Saybrook, Sofia, and Meridian Universities. She worked with Natalie Rogers for 13 years collaborating, designing, and co-facilitating the PCEAT program for psychology students, educators, counselors, social workers, and healthcare professionals from around the world. Dr. Herron wrote Natalie Rogers' biography and co-authored chapters, "Person-Centered Expressive Arts Therapy: An experiential psychology of self-realization" in P. Wilkins, *Person-Centered and Experiential Therapies* and "Cutting-edge person-centred expressive arts" in C. Lago & D. Churara, eds., *Person Centred Counselling and Psychotherapy Handbook: Origins, Developments and Contemporary Applications*, and authored "Natalie Rogers's Person-Centered Expressive Arts Therapy" in Fracasso, Krippner, and Harris, *Holistic Treatment in Mental Health*.



Leora Bar-Din, BA, BSN, RN. Leora is a licensed registered nurse, certified massage therapist, and currently earning an MA in Counseling at Sonoma State University. Throughout her nursing career, she recognized the importance of providing care based on the person-centered approach. It has been this philosophy that continues to define her work. She is honored to co-facilitate this program and carry forward Natalie Rogers' legacy of offering an authentic connection to self and others by recognizing the inherent therapeutic nature of expressing oneself through person-centered expressive arts.

TUITION \$8,000 per year (\$16,000 total) for this six week, 450 hour training.

Payment plan available. Delightful rooms and healthy on-site chef-prepared meals at Westerbeke Ranch. Individual rooms are \$1,075 per five-day residential stay and include three meals per day.

www.thewesterbekeranch.com

TO APPLY Please email Sue Ann Herron at sueannaherron@comcast.net

Course Titles & Dates

- ◆ **Nourishing the Soul**
August 18 – 23, 2022
- ◆ **Client-Centered Expressive Arts for Counseling**
January 23 – 28, 2023
- ◆ **Expressive Arts and Wisdom of the Body**
April 3 – 8, 2023
- ◆ **Expressive Arts for Social Change**
June 24 – 29, 2023
- ◆ **Expressive Arts: Group Dynamics and Facilitation I**
to be announced
- ◆ **Expressive Arts: Group Dynamics and Facilitation II**
to be announced

We Will Explore

- ◆ How the creative process connects us to body, psyche, soul, and the world
- ◆ How the person-centered approach enhances emotional intelligence, healing, relationships, and self-empowerment
- ◆ The use of expressive arts in counseling, teaching, and group work

